

Time Squared Exercise

Exercise 1 - time yourself

Write the phrase "Multitasking is bad for you"

Now write the numbers 1-27 in sequence:

Exercise 2 - time yourself

Now write the phrase "Multitasking is bad for you" and the numbers 1-27 in sequence alternating between the two (M.1,u.2, etc.)

Which exercise took longer?

Exercise 1

Exercise 2